

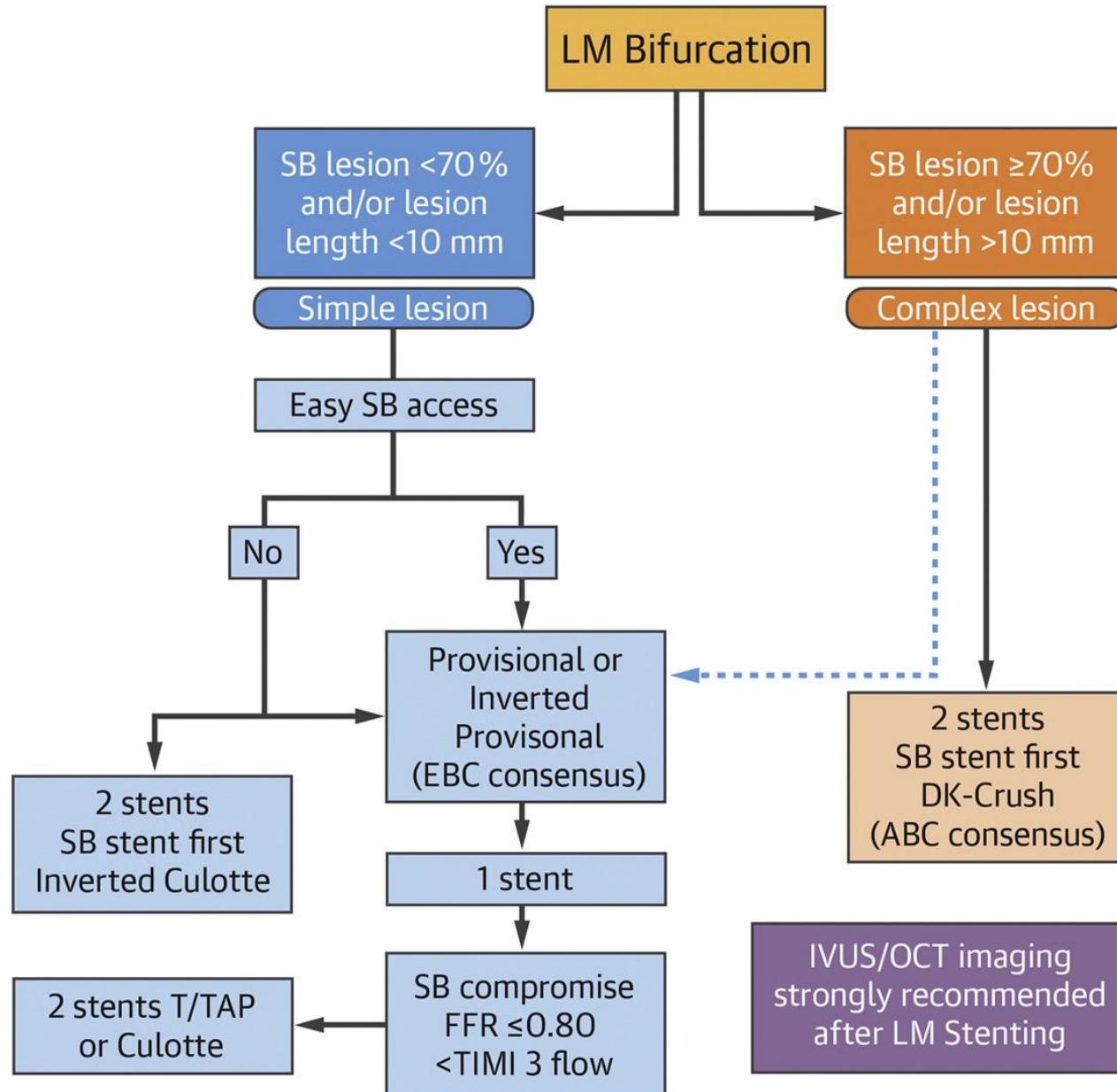


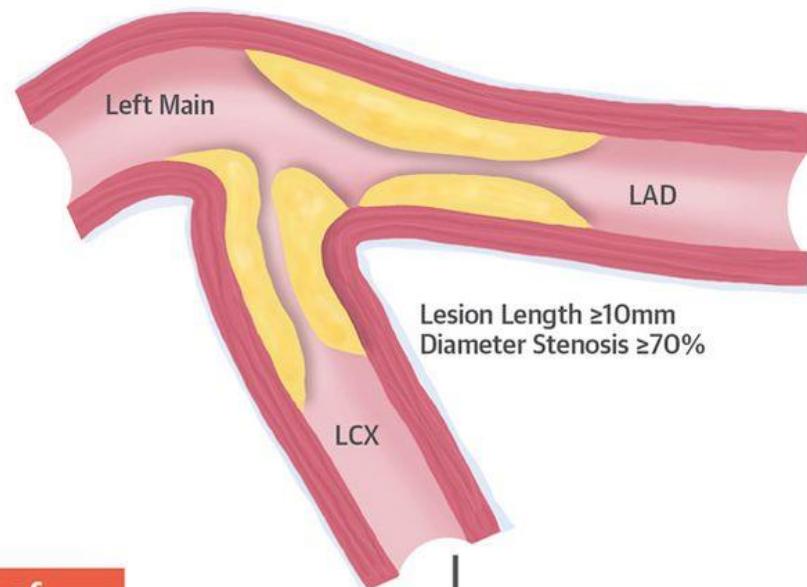
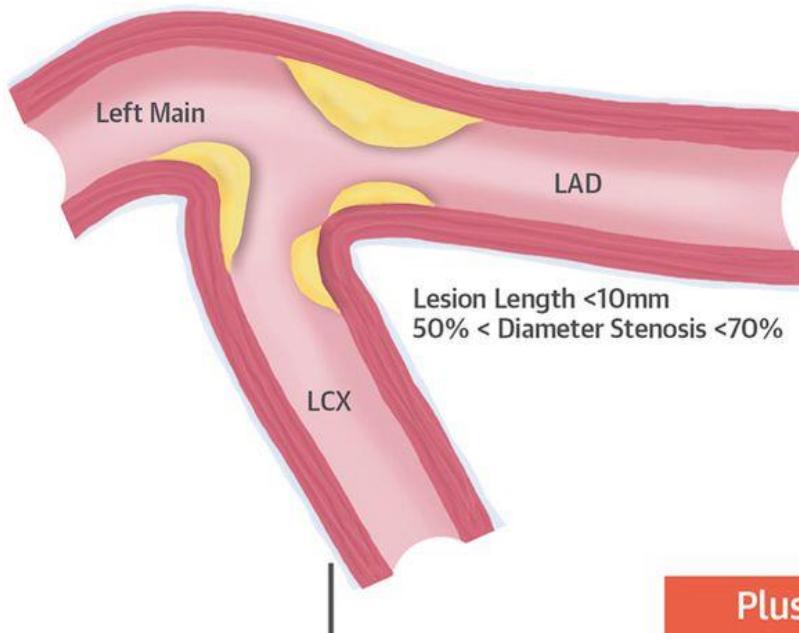
# **Kissing or not kissing in LM PCI?**

**VU HOANG VU MD**  
**University Medical Center, Ho Chi Minh City**  
**Vietnam**

# Disclose

**I have nothing to disclose**



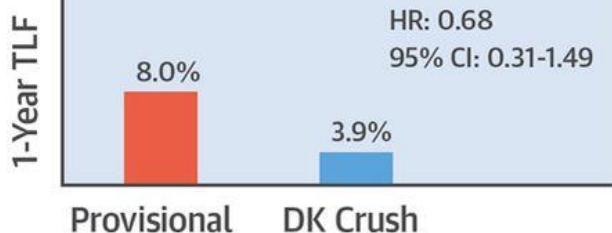


### Simple Lesions

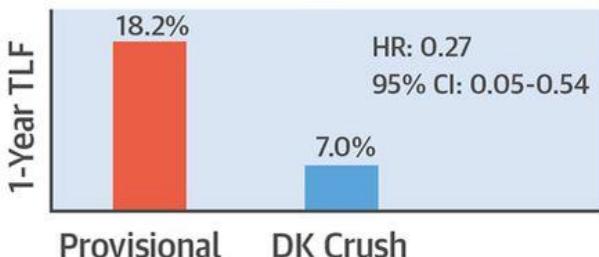
### Plus Any Two of:

- Multiple Bifurcations
- Thrombus-Containing
- MV RVD  $\leq 2.5$  mm
- MV Lesion Length  $\geq 25$  mm
- Severe Calcification
- Bifurcation Angle  $\geq 70^\circ$  or
- Bifurcation Angle  $\leq 45^\circ$

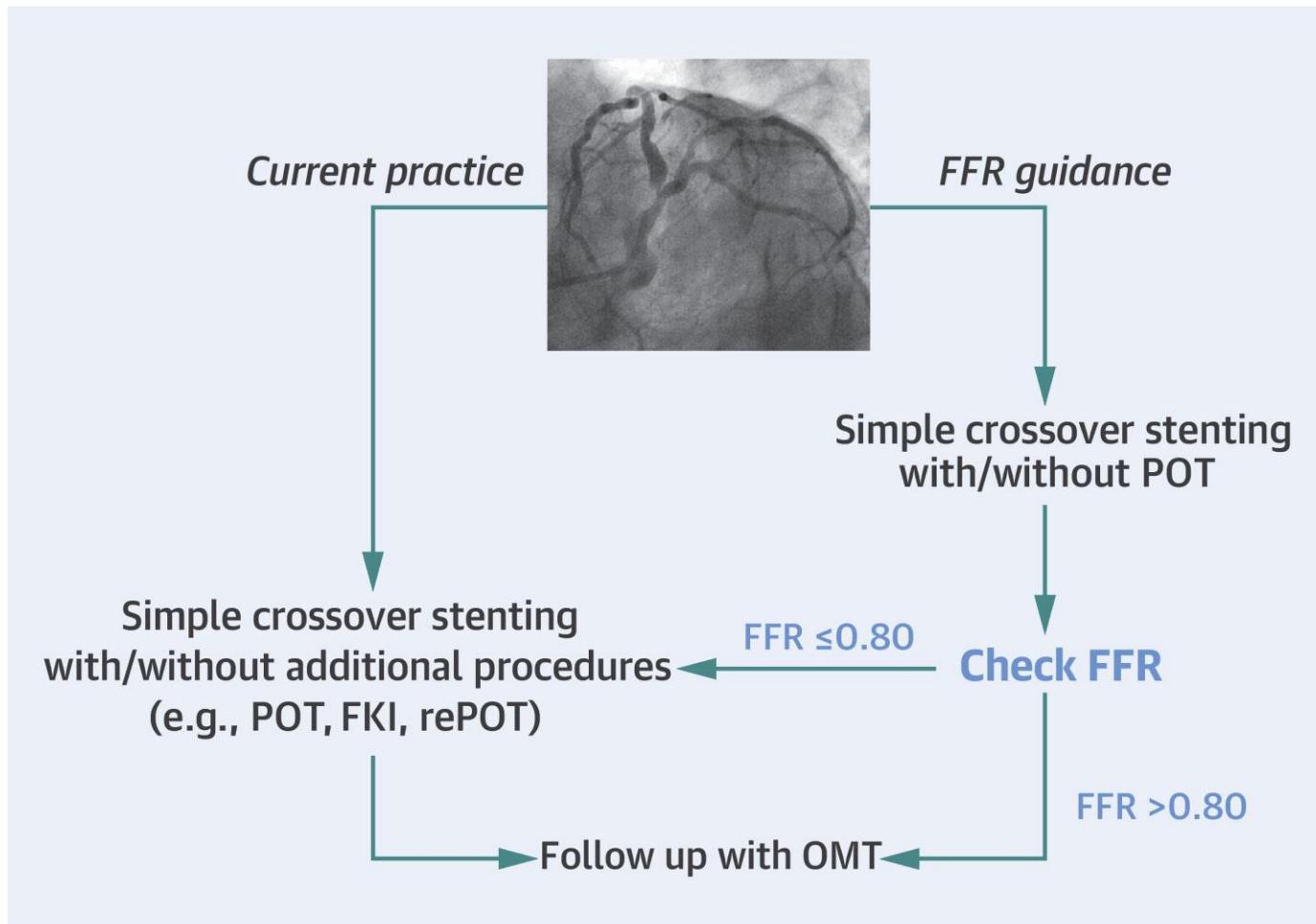
### Complex Lesions



$p$  for Interaction = 0.65



## CENTRAL ILLUSTRATION: FFR guidance of LM Simple Crossover Stenting



Lee, C.H. et al. J Am Coll Cardiol Intv. 2019;12(9):847-55.

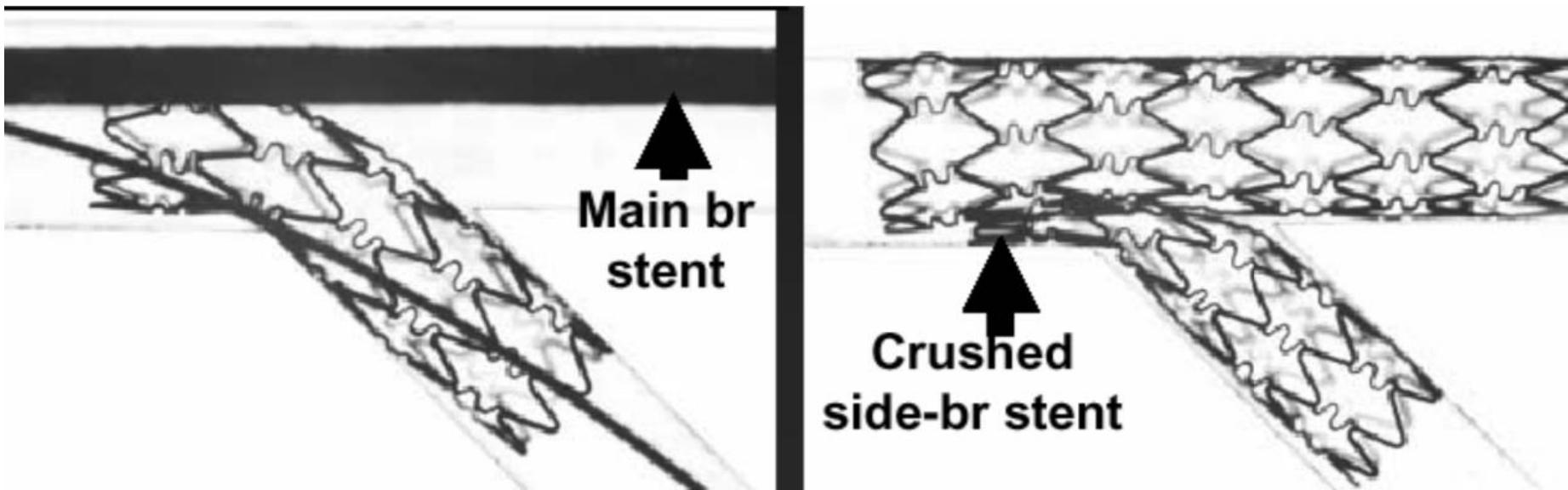
# Two stents technique

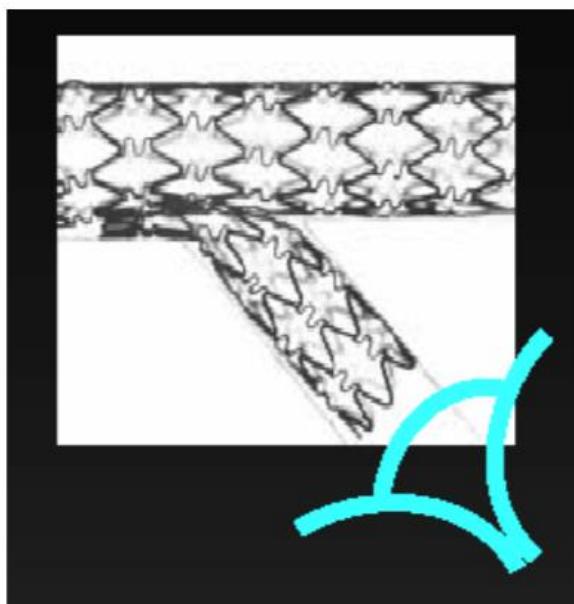
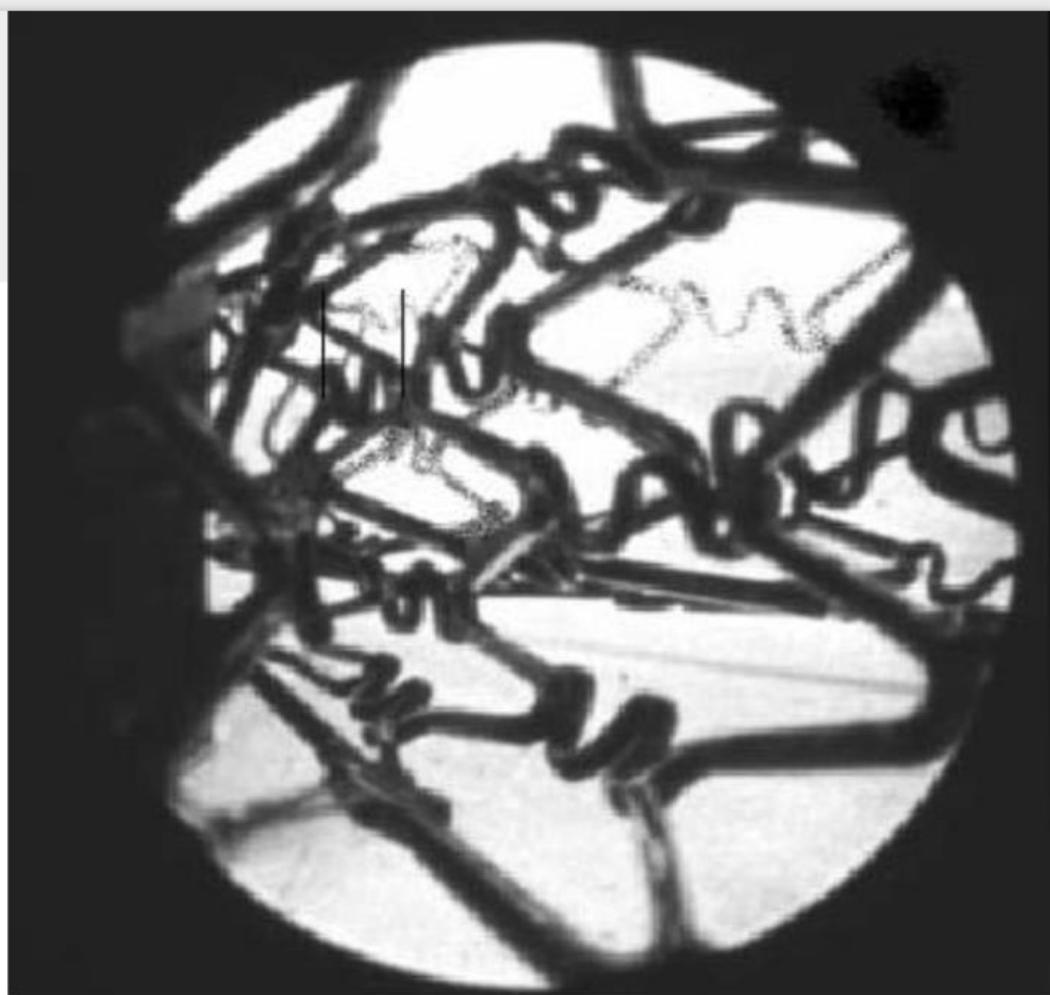
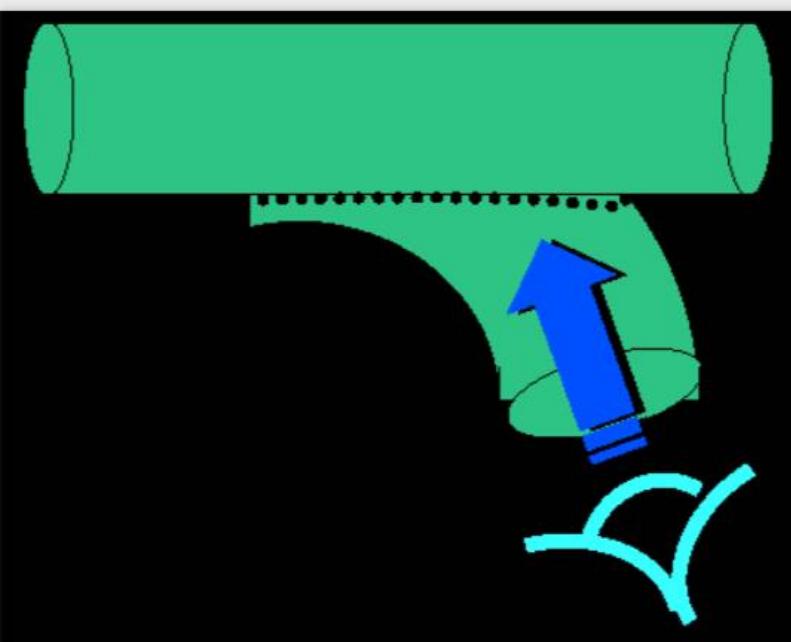
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1. Kissing Balloon Inflation is a must



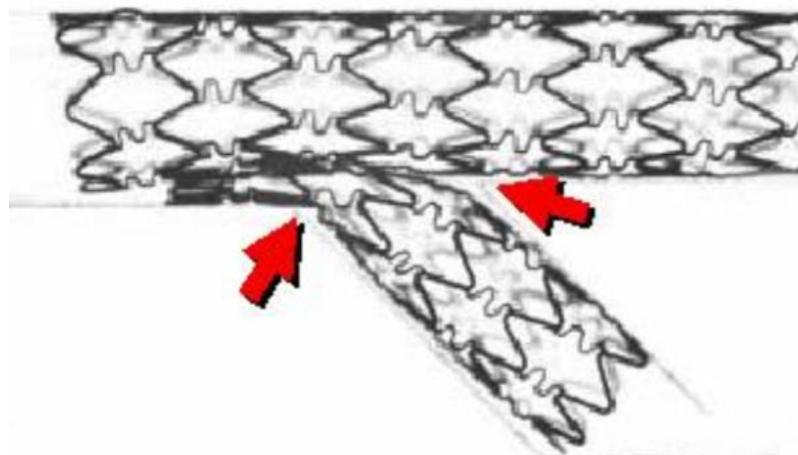
# The Classic Crush Technique



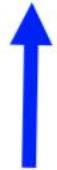


2 layers of stent separate side branch  
from the main branch.... can be difficult  
to re-wire!

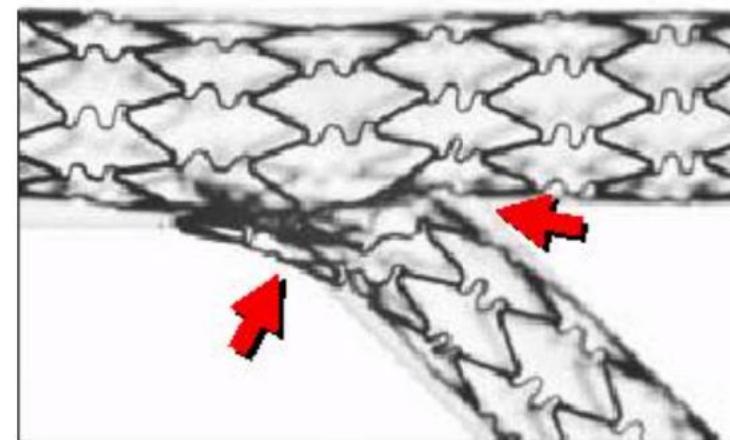
# The Evolution of Kissing



**Before Kissing  
Balloon Inflation**

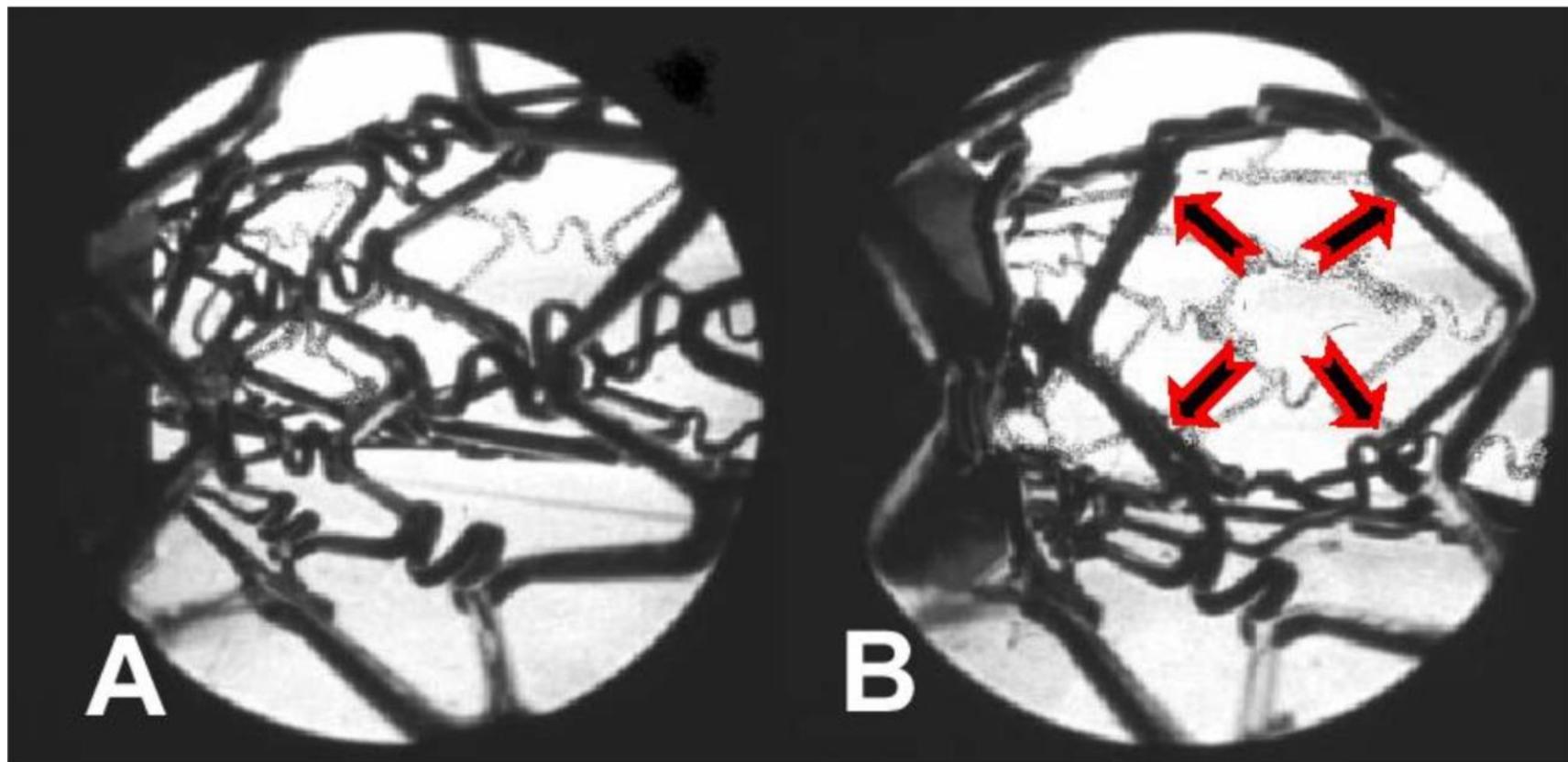


**After Kissing  
Balloon Inflation**





# The Evolution of Kissing





# Single Stent Technique: Kissing Balloon Inflation?

## Advantages:

- Better angiography
- Better FFR
- Easier when Redo LCx PCI

## Disadvantages:

- More wires, MC, BC
- Complex
- Time consuming
- Radiation exposure
- Dissecting of LCx
- Hemodynamic compromise

## Outcomes?

# Kissing or Not?

Table 1. Recent coronary bifurcation studies comparing KBI vs. non-KBI treatment.

Study/first author	Study design	Stenting strategy	Patient numbers		Follow-up (months)	Cardiac death	Myocardial infarction	Target lesion revascularisation	Definite/probable stent thrombosis	MACE	SB % diameter stenosis
			KBI	Non-KBI		(KBI vs. non-KBI)					
<b>1. Provisional stenting</b>											
THUEBIS <sup>2</sup>	RCT	Crossover	56	54	6	0% vs. 3.7%	3.6% vs. 1.9%	17.9% vs. 14.8%	3.6% vs. 1.9%	23.2% vs. 24.1%	37% vs. 32%
Nordic III <sup>3</sup>	RCT	Crossover	238	239	6	0.8% vs. 0%	0.4% vs. 1.3%	1.3% vs. 1.7%	0.4% vs. 0.4%	2.1% vs. 2.5%	25% vs. 30%*
COBIS <sup>4</sup>	Registry	Crossover	736	329	22	0.9% vs. 0.7%	0.6% vs. 1.3%	9.1% vs. 3.4%*	N.D.	10.0% vs. 4.9%*	N.D.
Yamawaki et al <sup>5</sup>	Registry	Crossover	132	124	36	0% vs. 0.1%	0% vs. 0%	12.3% vs. 5.1%	0% vs. 0%	14.6% vs. 6.9%	N.D.
<b>2. Two-stenting</b>											
Ge et al <sup>6</sup>	Observational	Crush	116	65	9	1.7% vs. 0%	10.3% vs. 13.9%	9.5% vs. 24.6%*	2.6% vs. 3.1%	19.8% vs. 38.5%*	24% vs. 38%*
Grundeken et al <sup>7</sup>	Registry	Culotte/Tryton	624	121	12	1.7% vs. 4.6%*	5.0% vs. 4.6%	4.7% vs. 2.9%	0.3% vs. 0.9%	N.D.	N.D.

\*p<0.05. MACE: major adverse cardiac events; N.D: not described; RCT: randomised controlled trial

# Effect of Final Kissing Balloon Dilatation after One-stent Technique at Left-main Bifurcation: A Single Center Data

Zhan Gao<sup>1</sup>, Bo Xu<sup>1</sup>, Yue-Jin Yang<sup>1</sup>, Shu-Bin Qiao<sup>1</sup>, Yong-Jian Wu<sup>1</sup>, Tao Chen<sup>2</sup>, Liang Xu<sup>1</sup>, Jin-Qing Yuan<sup>1</sup>, Jue Chen<sup>1</sup>, Xue-Wen Qin<sup>1</sup>, Min Yao<sup>1</sup>, Hai-Bo Liu<sup>1</sup>, Shi-Jie You<sup>1</sup>, Ye-Lin Zhao<sup>1</sup>, Hong-Bing Yan<sup>1</sup>, Ji-Lin Chen<sup>1</sup>, Run-Lin Gao<sup>1</sup>

<sup>1</sup>State Key Laboratory of Cardiovascular Disease, Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences, Beijing 100037, China

<sup>2</sup>Department of Epidemiology and Biostatistics, School of Public Health, Nanjing Medical University, Nanjing, Jiangsu 210029, China

## Abstract

**Background:** Whether final kissing balloon (FKB) dilatation after one-stent implantation at left-main (LM) bifurcation site remains unclear. Therefore, this large sample and long-term follow-up study comparatively assessed the impact of FKB in patients with unprotected LM disease treated with one-stent strategy.

**Methods:** Total 1528 consecutive patients underwent LM percutaneous coronary intervention in one center from January 2004 to December 2010 were enrolled; among them, 790 patients treated with one drug-eluting stent crossover LM to left anterior descending (LAD) with FKB ( $n = 230$ ) or no FKB ( $n = 560$ ) were comparatively analyzed. Primary outcome was the rate of major adverse cardiovascular events, defined as a composite of death, myocardial infarction (MI) and target vessel revascularization (TVR).

**Results:** Overall, The prevalence of true bifurcation lesions, which included Medina classification (1,1,1), (1,0,1), or (0,1,1), was similar between-groups (non-FKB: 37.0% vs. FKB: 39.6%,  $P = 0.49$ ). At mean 4 years follow-up, rates of major adverse cardiovascular events (non-FKB: 10.0% vs. FKB: 7.8%,  $P = 0.33$ ), death, MI and TVR were not significantly different between-groups. In multivariate propensity-matched regression analysis, FKB was not an independent predictor of adverse outcomes.

**Conclusions:** For patients treated with one-stent crossover LM to LAD, clinical outcomes appear similar between FKB and non-FKB strategy.

## Final kissing balloon inflation for coronary bifurcation lesions treated with single-stent technique : A meta-analysis.

Liu G<sup>1</sup>, Ke X<sup>2</sup>, Huang ZB<sup>1</sup>, Wang LC<sup>1</sup>, Huang ZN<sup>1</sup>, Guo Y<sup>1</sup>, Long M<sup>3,4</sup>, Liao XX<sup>5,6</sup>.

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### Abstract

**BACKGROUND:** The efficacy of final kissing balloon (FKB) inflation in one-stent techniques for bifurcation lesions is controversial. The goal of the present study was to investigate the impact of FKB on long-term clinical outcomes in one-stent strategies.

**METHODS:** A literature search of the PubMed, Embase, and Cochrane Library databases was undertaken through August 2017. The primary outcome was major adverse cardiac events (MACE), defined as the composite of cardiac death, myocardial infarction, and target lesion revascularization. Overall hazard ratios (HRs) and 95% confidence intervals (CIs) were calculated using the random-effects model.

**RESULTS:** Ten studies comprising 7364 patients treated with a one-stent technique were included in the analysis. Overall, FKB did not demonstrate a significant reduction in MACE compared with non-FKB in both randomized trials (HR: 1.13; 95% CI: 0.65-1.98) and observational studies (HR: 0.86; 95% CI: 0.61-1.20). The risk of cardiac death (HR: 0.89; 95% CI: 0.53-1.49), myocardial infarction (HR: 0.76; 95% CI: 0.53-1.09), and target lesion revascularization (HR: 0.96; 95% CI: 0.74-1.23) was also similar in both groups.

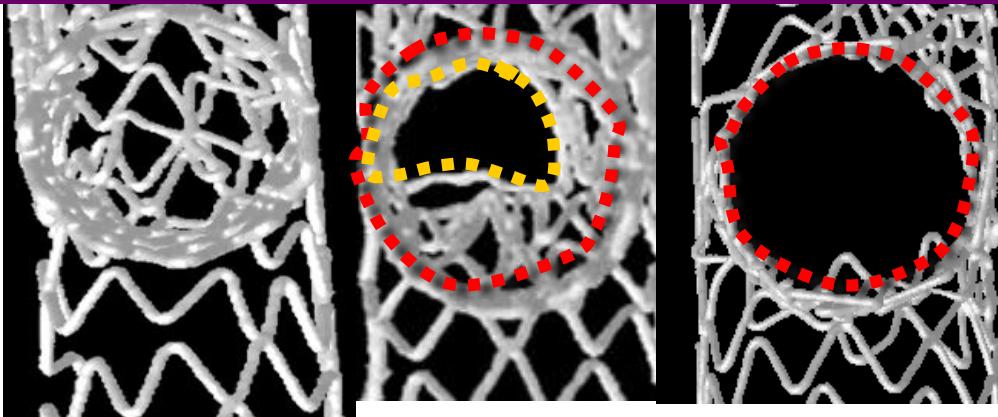
**CONCLUSION:** FKB may not be mandatory and a selective FKB strategy might be more justified in one-stent techniques for bifurcation lesions.

# Two Stents Technique Kissing Balloon Inflation: How?

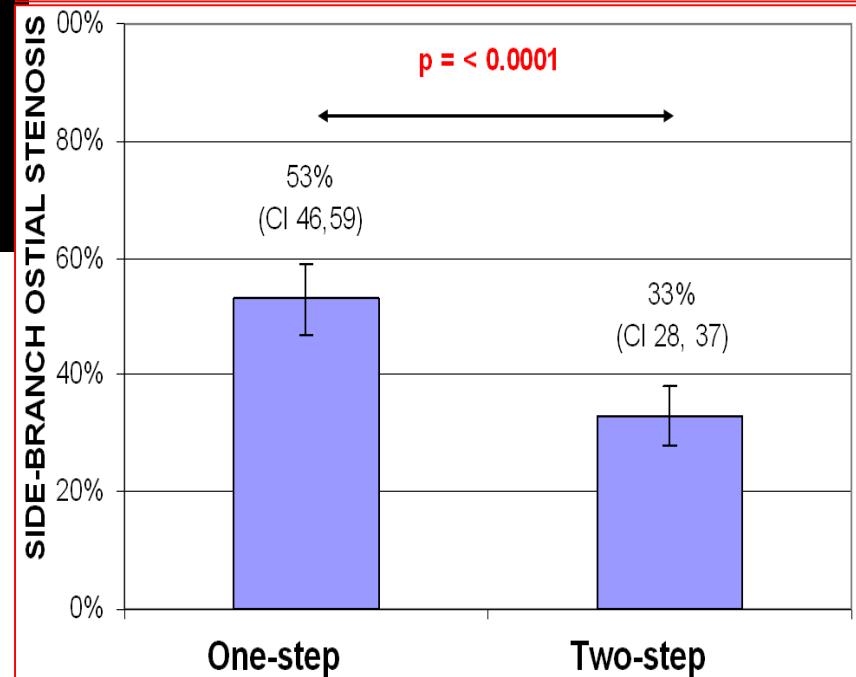
No kissing

One-step kissing  
post-dilatation

Two-step  
kissing post-  
dilatation



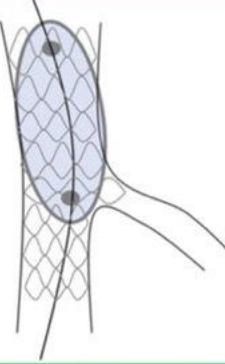
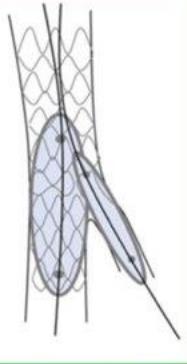
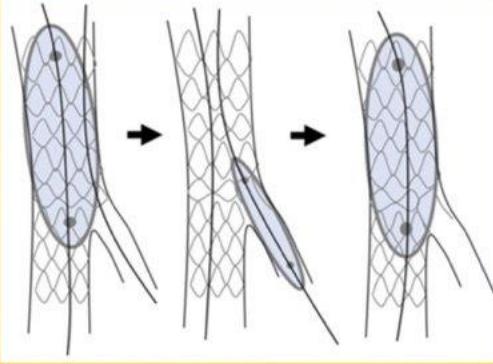
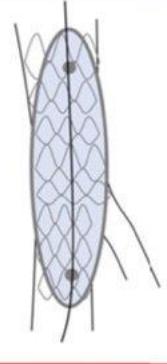
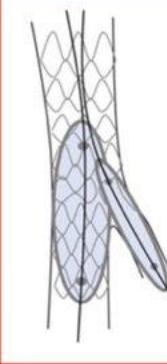
SB ostial stenosis (%) with one step  
vs. two step kissing



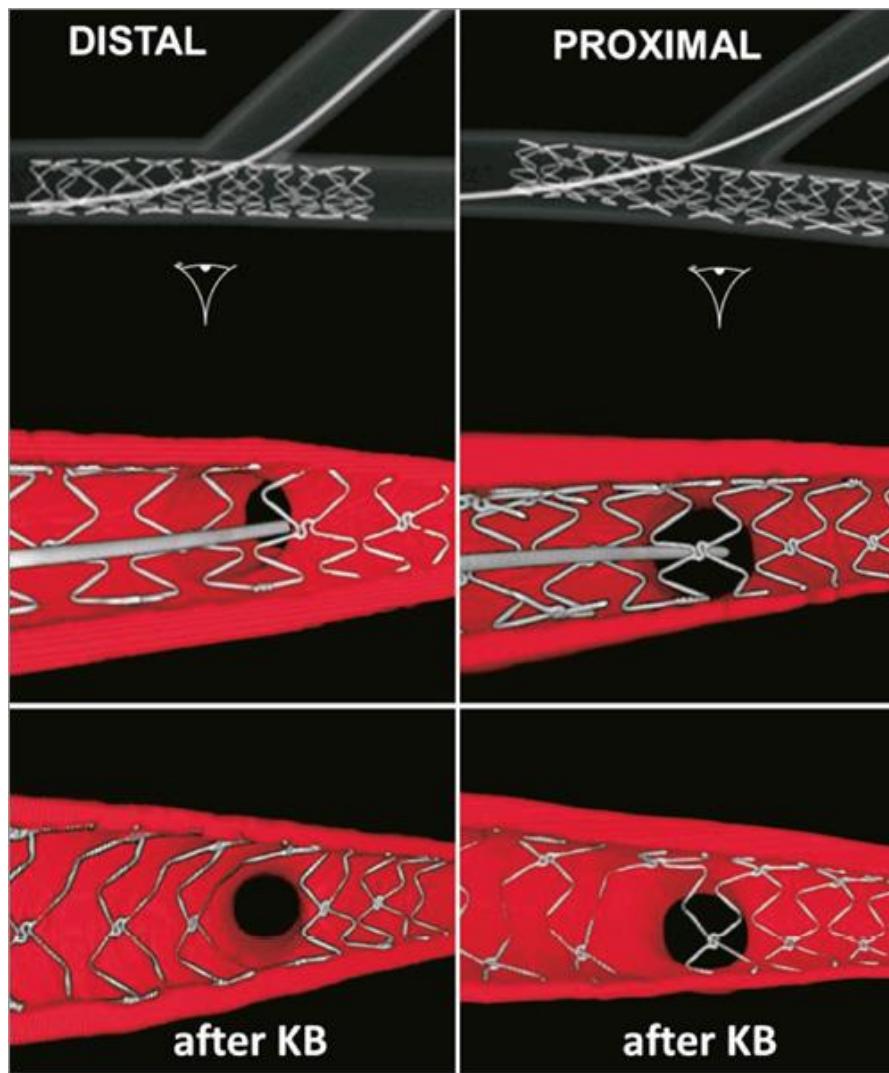
Two steps:

- 1) Inflate at high pressure  
only the SB balloon
- 2) Perform kissing inflation

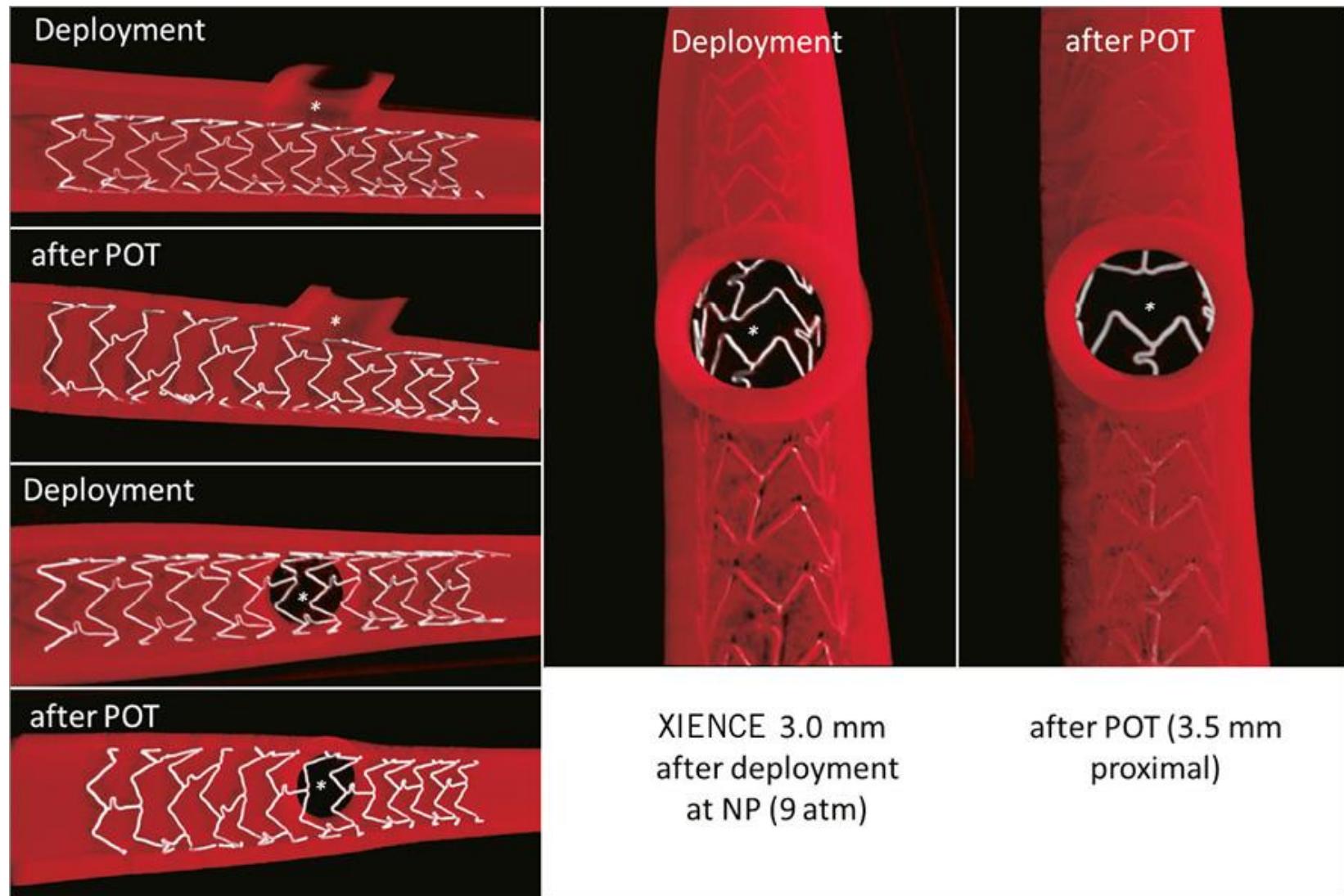
# One stent Technique Kissing Balloon Inflation: How?

MB stent optimization				
				
POT should be routinely performed with short NC balloon to correct for stent undersizing in the proximal MB	For KBI, two NC balloons are recommended, sized according to SB and distal MB, with short proximal overlap	POT-side-POT could be considered as an alternative to KBI and SC balloons may be used for POT instead of the NC balloon, taking into account the length of the stented MB segment and maximum inflation size of the available SC vs. NC balloons	It is not recommended to post-dilate the MB stent distally to the carina with the balloon sized according to the proximal MB	Routine KBI is not recommended in a single-stent strategy

# Impact of cell crossing location in stent optimisation



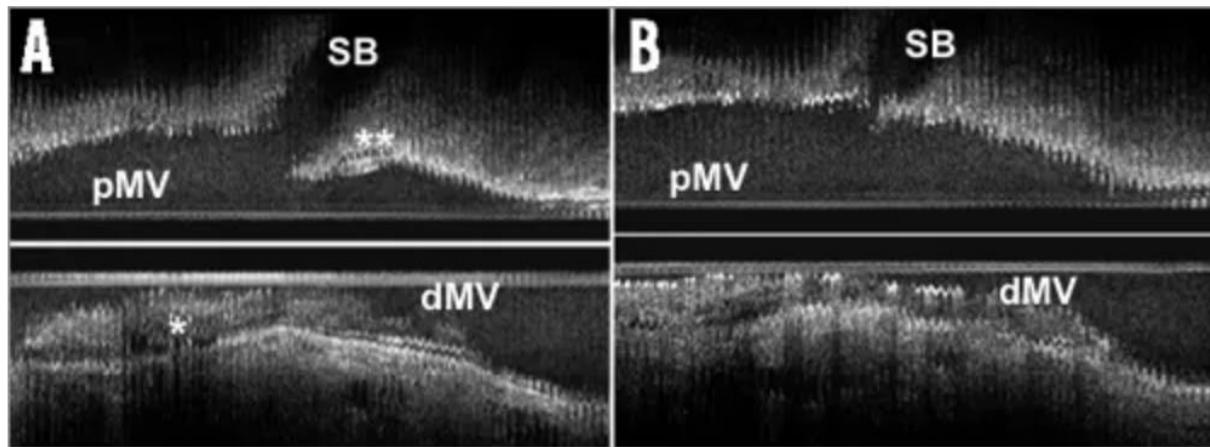
# Impact of the POT technique on stent apposition and SB access



# Semi or Non-Compliant BC for KBI?

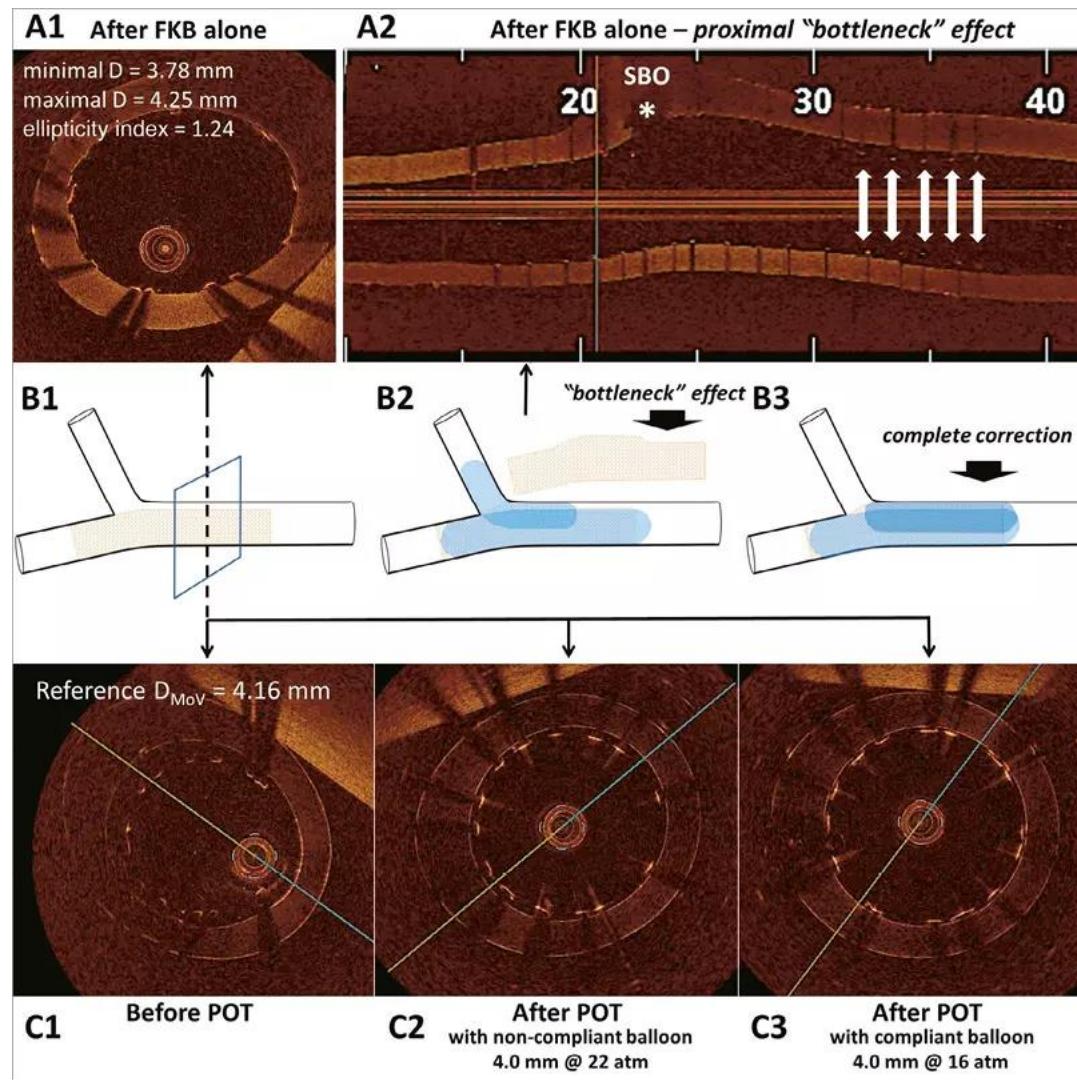
- Two Stents Technique: NC Balloon is a must
- One Stent Technique:
  - LM-LAD: NC Balloon
  - LM-LCx:
    - Carina Shift: Semi Compliant BC
    - Plaque Shift: NC Balloon
    - Plaque Characteristics?
- POT: NC Balloon or Semi-compliant BC?

# SB Compromise due to Carina shift



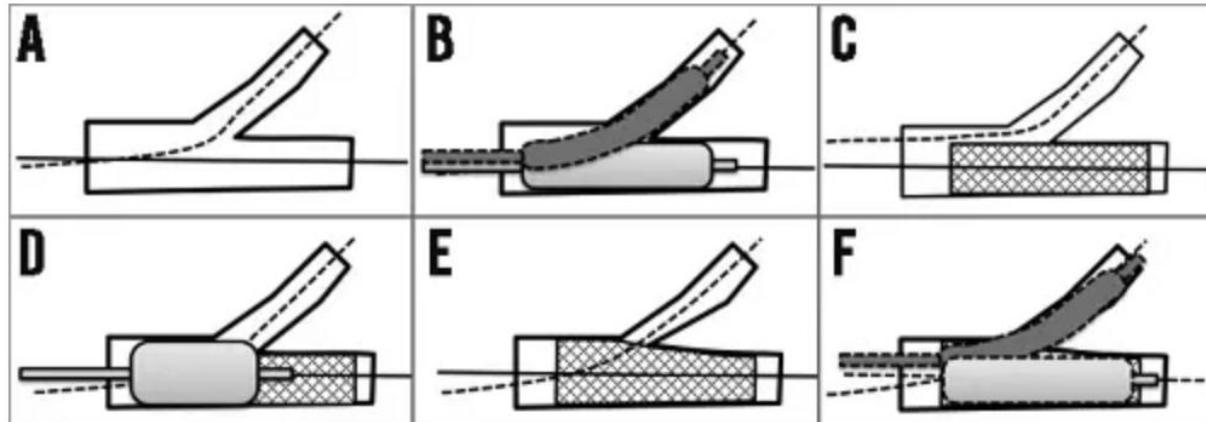
**Figure 1.** Plaque (\*) and carina (\*\*) morphology change before (A) and after (B) main vessel stenting. dMV: distal main vessel; pMV: proximal main vessel; SB: side branch (Intravascular image courtesy of B.K. Koo)

# POT: NC Balloon or Semi - Compliant BC?



# How to avoid SB compromise?

22



**Figure 3.** Procedures to optimise the provisional single-stent technique avoiding SB compromise. A) Start by wiring the MV and large SBs. B) Predilate the MV and the large SB with severe ostial stenosis, if indicated. C) Perform MV stenting with a size just optimal in relation to the distal main vessel, while avoiding stent overexpansion (distal optimisation). D) Perform the proximal optimisation technique which may help wiring the SB, and stent apposition in the proximal MV. E) & F) Rewire the SB followed by SB ballooning or stenting if further SB treatment is indicated.

# Conclusions (1)

- In most of the clinical trials of provisional coronary bifurcation stenting, **final KBI has failed to provide significant clinical benefits except for the reduction of SB angiographic restenosis.**
- These disappointing results may be attributed to non-uniform and oversized stent dilation induced by suboptimal KBI

# Conclusions (2)

Before Kissing: must consider:

1. Patient risk: old age, reduced EF, AMI...
2. Imaging Guidance (IVUS, OCT)?
3. Operator's skill?

- Two stents technique: KBI is a must
- One stent technique: KBI is mandatory if you do it right with POT - KBI - POT

# THANK YOU!

